



CONCORDIA



Kinesiology

COLLEGE OF HEALTH SCIENCES

CONCORDIA UNIVERSITY TEXAS

Founded in 1926, Concordia University Texas is proud to be Austin's leading Christian university, where Christ is honored and students of all backgrounds are welcome. We are guided by our vision to be the premier university where the adventure of faith, learning and life-changing experiences leads to meaningful work.

CTX is a regionally accredited institution of higher education, offering undergraduate and graduate degrees through a variety of delivery methods. We offer more than 20 majors across four colleges.

Concordia's campus, unique in its natural setting on a preserve, is conveniently located minutes from both downtown Austin and the Texas Hill Country. Our location provides students with resources and opportunities to learn, explore and thrive in the best of both worlds — a small school and a big city.

ABOUT THE PROGRAM

The Bachelor of Science in Kinesiology at Concordia University Texas prepares students for an exciting career in the health and fitness industry, helping others heal, develop and advance. Through rigorous coursework and hands-on experience, students develop a firm foundation for careers in coaching, physical rehabilitation and sports administration. They are also well prepared to further their education in graduate school.

With three specializations to choose from — Generalist, Pre-Physical Therapy or Sports Administration — students select the track best suited to their career goals.

CONTACT ADMISSIONS

admissions@concordia.edu
512.313.4CTX

APPLY NOW

concordia.edu/apply

All Kinesiology students are required to complete an internship, providing students with valuable field experience before graduation.

Located in Austin, Texas, Concordia offers students access to a range of internship opportunities. CTX students have conducted internships with the Texas Stars (American Hockey League team), corporate wellness departments, gyms, the YMCA and more.

MEANINGFUL WORK IN KINESIOLOGY

- ▶ Athletic Administration
- ▶ Athletic Coach
- ▶ Camp Director
- ▶ Personal Trainer
- ▶ Physical Education Teacher
- ▶ Professional Sports Manager

COURSE HIGHLIGHTS

Motor Development & Learning

This course is an introduction to the theories of motor learning and skills acquisition. Students explore the physiological development of children in relation to physical performance.

Organization & Administration of Physical Education & Sport

The course examines the principles, practices and procedures of organizing and administering physical education/athletic programs. Topics include staffing, facilities, budgeting, equipment and safety.

Coaching Team Sports

In this course, students will gain an in-depth understanding of rules and strategies of a variety of sports. They not only gain the technical knowledge but also learn from guest speakers who discuss the practical aspects and challenges of coaching. Students are thus better prepared for many of the challenges that await them as they begin their careers.

WHY STUDY KINESIOLOGY?

- ▶ Develop comprehensive understanding of human movement
- ▶ Variety of professions in health and fitness industry
- ▶ Prepare for graduate school (physical therapy, athletic training, occupational therapy, etc.)

WHY CHOOSE CTX?

- ▶ Small class sizes allow for individualized attention from professors
- ▶ Hands-on experience through regular labs
- ▶ Abundant internship opportunities
- ▶ Courses focus on both technical knowledge and practical application

