Community Resources

Safe Austin (Counseling)

Sexual & Domestic Violence 24 hr. line 512-267-SAFE (7233) *Eloise House (SAFE Exam)* SAFE Exam, Counseling, support and advocacy

Austin Police Department Victim Services Unit

512-974-5950 or 512-974-5037

Travis County Sherriff's Department Victim Services Unit 512-854-9709

VICARS (Legal service)

815 Brazos Ste. 1100, Austin 78701 888-343-4414 Provide free legal services for crime victims

Texas Association Against Sexual Assault

www.taasa.org Offers comprehensive list of Rape Crisis centers across the state.

Office of the Attorney General

Crime Victims Compensation crimevictims@texasattorneygeneral.gov 800-983-9933 512-936-1200 (Austin) Victim may qualify expenses to be reimbursed by the state.

RAINN (Rape, Abuse, & Incest National Network) (Sexual Assault)

1-800-656-4673 (HOPE) <u>www.rainn.org</u> National 24 hr. helpline for sexual assault survivors. Assist in directing people to local services and will speak with persons in crisis.

Questions can also be addressed to:

U.S. Department of Education, Office of Civil Rights, Dallas Office

> 1999 Bryan Street, Suite 1620 Dallas, TX 75201-6810 Phone: (214) 661-9600 Email: OCR.Dallas@ed.gov Website: www.ed.gov/ocr

RESPONDING TO SEXUAL MISCONDUCT & TITLE IX COMPLIANCE

ONCORD

Title IX is a comprehensive federal law that prohibits discrimination on the basis of sex in any federally funded education program or activity.

For more information www.concordia.edu/resources/title-ix.html

SEXUAL

MISCONDUCT

Sexual misconduct is . . .

- Unwelcomed
- Gender-based physical, verbal or non-verbal behavior
- Severe, persistent, or pervasive

The effects may...

- Create a hostile environment
- Interfere with, deny or limit a person's ability to benefit from Concordia's educational programs/activities

Sexual misconduct includes but is not limited to . . .

- Non-consensual sexual contact (any intentional sexual touching or attempts)
- Non-consensual sexual intercourse (any intercourse by force or attempts without consent)
- Unwelcomed physical touching
- Unwelcomed remarks about a person's body
- Employer/employee asking for sexual favors
- Posting obscene remarks/images of another on social media sites
- Sexual assault or coerced sexual activity

www.austinrapehelp.org 512-267-7233 Rape, Abuse, Incest National Network 24 hr. line 1-800-656-HOPE

HOW YOU CAN HELP

As friends there are things we can do to help those who seek support

Believe the person. Upon hearing that someone has been assaulted believe their story. Now is not the time to question facts, just listen and provide a safe place for the survivor to speak. Don't blame the person for what happened, or for decisions she or he might have made. Listen and do not be judgmental.

Guide survivors to campus and community re-

sources. Encourage him/her to seek medical attention and sexual violence advocates. Assure them that information will be kept confidential.

Remind survivors that their feelings are normal.

They may feel "crazy", out of control or overwhelmed. Assure survivors they are not "crazy" and that any feeling they have or response to the situation is normal.

Validate survivors in their feelings. Everyone responds to trauma differently and validation is important to healing.

Recognize that healing takes time. It is possible that someone will come forward with information about an assault weeks or months after it occurred. Consider the fact that the survivor is still hurting and needs support.

Take care of yourself. You can not support someone else if you have no support. Pay attention to your own reactions to the sexual assault and seek support when you feel overwhelmed or stressed.



Sexual Misconduct in the CTX Community

Sexual Misconduct Defined

Sexual Assault is any unwelcome sexual act a person is forced to perform or receive when they *do not* or are *unable* to give consent.

<u>Sexual Harassment</u> is unwelcome physical, verbal or nonverbal conduct that is based on the individual's sex or gender and is severe, persistent or pervasive.

Dating Violence means physical, verbal and/or emotional violence committed by a person who is or has been in a relationship of intimate or romantic nature with the victim. Texas Penal Code 71.0021

Domestic (Family) Violence Domestic violence is "an act by a member of a family or household against another member of the family or household that is intended to result in physical harm, bodily injury, assault, or sexual assault or that is a threat that reasonably places the member in fear of imminent physical harm, bodily injury, assault, or sexual assault, but does not include defensive measures to protect oneself". Texas Family Code 71.004

<u>Stalking</u> is pursual or harassment in an intentional, ongoing, unwanted, and fear-inducing manner.

Consent Defined

Consent ensures the sexual act is not against any person's will. Consent is given in stages during sexual activity. A person can change their mind if consent was previously given to a sexual act. Clearly there is no consent when a person is saying "no" or "please stop" or leaves the situation.

Consent is not given when...

- Forcing sex with fear or threats.
- Coercing another person into sex or wearing them down.
- A person is intoxicated, high, incapacitated by other mind altering substances or unconscious.

What Should I Do If I Have Been Sexually Assaulted?

The primary concern for survivors of sexual violence is safety and addressing medical issues related to physical injury, sexually transmitted infections and/ or pregnancy. The secondary concern is evidence collection to aid in a possible police investigation

Go to a safe place immediately. Go to your apartment, residence hall or the residence of a trusted friend. DO NOT change your clothing or shower. Preservation of physical evidence is very important. If you change your clothes store your clothing in a paper bag. DO NOT apply medication to injuries. DO NOT drink, eat, chew gum or brush your teeth, or disturb anything in the area of the assault.

Get medical attention as soon as possible. Visit

Eloise House , Safe Austin for a Sexual Assault Forensic Exam (SAFE exam). The exam is free of charge to you regardless of whether you report the assault to local police. If you believe you have been given a predatory drug like Rohypnol or GHB notify the nursing staff. A urine sample can be collected within 72 hours of the assault.

Seek free confidential counseling. Call 512-313-5032, Monday through Friday from 8am-5pm. Help is available for the person assaulted and for CTX students helping the survivor of the assault.

Utilize campus resources. The Associate Vice President, Student Life/Dean of Students can assist you with changes to academic schedules or university living arrangements.

Coping Strategies

- · Confide in a trusted friend or family member.
- Ask trusted friends to walk with you on campus or stay with you overnight.
- Allow extra time to complete academic tasks.
- Discuss any sexual concerns with your partner.
- Give yourself plenty of time to recover from the physical and emotional shock.
- Remember that nobody asks or wants to be sexually assaulted or harassed.

How to File a Report

Reports may be filed with a Title IX Coordinator or Campus Police. All sexual harassment and sexual misconduct reports made to mandatory reporters must be reported to a Title IX Coordinator.

CTX encourages all members of our community who are victims of sexual misconduct to report the incident to law enforcement. A Title IX Coordinator may assist you in filing a report with the police.

Investigations & Mandatory Reporters

Many employees (faculty, staff, and students) are considered **mandatory reporters.** This includes those who hold a professional license who are not employed by CTX to counsel, provide health services, or provide pastoral or ministry care. A mandatory reporter **must** report all allegations of sexual misconduct to a Title IX Coordinator immediately.

Therefore, CTX will...

- Investigate allegations/reports.
- Complete investigations in a timely manner
 (e.g. 60 days) and take interim measures such as a "no contact" order between the parties, interim suspension, and/or room or class reassignment.

Remember that if this happens to you, you are NOT alone. Consider seeking out appropriate support at this time.

Confidentiality

Part of the healing process after being harassed or assaulted is to work through the incident with a trained and compassionate individual. "Campus Resources" and/or "Community Resources" sections in this brochure give you a number of options. For confidential assistance at CTX, consider consulting with CTX Counselor or Campus Pastor.

Know that if you wish <u>to not file a report</u> with the University or any police department, this option is also available to you.

What Resources are Available if I do not Want to File a Report?

A survivor of sexual assault is always encouraged to consult with a trained mental health professional regardless of whether the person elects to file a report with the police or other campus officials. Mental health professionals maintain confidentiality and will discuss their confidential privileges with you. Seeking support after a sexual assault is important to healing.

What Should I do If I Witnessed A Crime Of Sexual Assault?

If you are a witness to a crime of sexual violence you should report the incident to campus or local police. You may also speak with the Title IX Coordinator or the Associate Vice President, Student Life/Dean of Students who can assist you with further reporting as appropriate.