



CONCORDIA UNIVERSITY TEXAS POLICE DEPARTMENT TRAVEL CHECKLIST/GUIDELINES

Automotive Preparation:

1. Check tire pressure on tires and spares
Every vehicle has a specific tire pressure that will give you the best gas mileage, handling and tire life for the car, and this is written right on the door of the car.
2. Check oil, coolant, and windshield fluid
It is critical that you check the owner's manual for the correct type of fluid that is recommended for your specific vehicle.
3. Consider changing you oil for long trips
Most vehicle manufacturers recommend changing the oil every 7,500 miles in passenger car and light truck gasoline engines.
4. Consider check up by a professional mechanic
5. Wash and Vacuum
Engineer Tom Wagner, Jr. reported to Stretcher.com (as in stretching your dollars) a 7-percent improvement in fuel economy, from 15 to 16 mpg, during a 1,600-mile road trip.
6. Make sure you have proof of insurance
Transportation Code 601.191 Operation of Motor Vehicle in Violation of Motor Vehicle Liability Insurance Requirements: an offense under this section is a misdemeanor punishable by a fine of not less than \$175 or more than \$350.
7. Fill up the gas tank, bring extra fluids

Travel Safety Guidelines:

1. Always keep these helpful items in your vehicle at all times especially for those last minute road trips: maps, jumper cables, charged cell phone, flares, flashlight, first aid kit, blankets, an auto club card if you break down, and some spare cash hidden in your vehicle.
2. Don't put items that block your vision.
3. Engine tempter is the most important gage you have.
4. Notify someone when you are leaving, when you are arriving and check points along the way. Always tell friends or loved ones where you are going and check in with them when you have arrived.
5. Only stop in well-established lit areas.
6. Plan to take breaks. Everyone needs a break when traveling long distances. To ward off boredom and exhaustion, schedule frequent stops for meals or just some time to stretch.
7. Stick to highways.
8. Try to minimize night driving.
9. Use cruise control.



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