

What can I do with a...

Major in Kinesiology?

<i>I CAN GO IN TO...</i>	<i>AND POSSIBLY WORK FOR...</i>	<i>DOING THIS CAN HELP ME GET THERE...</i>	<i>SAMPLE COMPANIES</i>	<i>SAMPLE TITLES</i>
CAREER AREA	POTENTIAL EMPLOYERS & INDUSTRIES	CAREER PREPARATION STRATEGIES	SAMPLE LIST FOR THIS MAJOR	SAMPLE LIST FOR THIS MAJOR
Athletic Training / Physical Fitness				
<ul style="list-style-type: none"> • Exercise physiology • Personal training (not same as athletic training) • Strength and conditioning coaching • Group fitness instruction • Health club fitness management • Biomechanics 	<ul style="list-style-type: none"> • Health clinics • Fitness centers/studios • Retirement centers • Daycare centers • Resorts • Camps • Rehabilitation centers • Healthcare programs: clinical, industrial, organizational • Sports facilities • Private sports organizations • High schools • Colleges & universities • Individual athletes • Self-employed • Federal and state public health services, veterans administration, Department of Defense 	<p>Sharpen your skills Maintain up to date trends in fitness, techniques, equipment, and safety, obtain CPR certification; maintain excellent personal fitness; calm under pressure and a positive outgoing personality; interpersonal skills, decision making</p> <p>Gain experience Volunteer PT, or intern in a gym or fitness facility, high school, community exercise program, or camp, explore program certifications like yoga or Pilates; working long and irregular hours; injury prevention</p> <p>Network Certified exercise trainers; fitness facility staff and management</p> <p>Pursue a minor Business, Marketing, Finance</p> <p>Pursue graduate school Masters in Athletic Training; Certification through National Athletic Trainers Association</p>	<ul style="list-style-type: none"> • Heart at Work Fitness • Life Time Fitness • Lions Municipal Golf Course • Spark Fitness 	<p>Job titles</p> <ul style="list-style-type: none"> • Athletic Trainer • Strength Coach • Personal Trainer • Fitness Club Manager • Recreational Director <p>Internship titles</p> <ul style="list-style-type: none"> • Athletic Training Assistant • Equipment Management Intern

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Physical Therapy Clinical practice <ul style="list-style-type: none"> • Acute care • Neuro-rehab • Out-patient Education Research Consultation Specialties include <ul style="list-style-type: none"> • Pediatrics • Geriatrics • Sports medicine • Orthopedics • Neurology • Cardiopulmonary • Electrophysiology • Women's health 	<ul style="list-style-type: none"> • Hospitals • Clinics • Home healthcare agencies • Nursing homes and residential care facilities • Sports medicine facilities • Doctor's offices • Schools/Colleges & Universities • Health clubs • Group and private practice • Federal and State government 	<p>Sharpen your skills Physiology, biology, chemistry, physics; interpersonal; patience and desire to help individuals of all ages and disabilities; positive attitude; Manual dexterity and physical stamina</p> <p>Gain experience Volunteer with physical therapist</p> <p>Network Volunteer with physical therapist at a hospital or clinic</p> <p>Pursue a minor Click or tap here to enter text.</p> <p>Pursue a graduate degree Doctorate in physical therapy accredited by CAPTE required; requires state licensure</p>	<ul style="list-style-type: none"> • All Start Orthopedics of Austin • Catz Physical Therapy • Champion Performance Physical Therapy • Mondo Sports Therapy • Texas Physical Therapy Specialist • Champion Cryotherapy • Advance Physical Therapy & Sports Medicine, LLC 	<p>Job titles Click or tap here to enter text.</p> <p>Internship titles Click or tap here to enter text.</p>

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<p>Occupational Therapy</p> <p>Screening Evaluation Treatment: <ul style="list-style-type: none"> Physical Psychosocial Social Vocational Follow up Administration Teaching Research</p>	<ul style="list-style-type: none"> Hospitals (psychiatric / rehab) Schools Group & private practice Nursing homes/residential Community mental health centers Job training centers Residential care providers Home healthcare agencies Federal & State government Universities & colleges 	<p>Sharpen your skills Physical, biological, and behavioral sciences; communication, patience, true interest in helping others, teamwork</p> <p>Gain experience Volunteer or PT in occupational therapy healthcare setting</p> <p>Network Click or tap here to enter text.</p> <p>Pursue a minor Click or tap here to enter text.</p> <p>Pursue a graduate degree Masters or doctoral degree by an ACOTE program; State licensure American Occupational Therapy Certification Board, supervised clinical internship, and OTR with specialization area</p>	<ul style="list-style-type: none"> KidTherapy Austin Results PhysioTherapy Cassady Children's Center Christian Academy School System Clinipost HealthPRO Heritage Little Engine Homecare, Inc. MHMR Tarrant SoutheastHEALTH 	<p>Job titles Click or tap here to enter text.</p> <p>Internship titles Click or tap here to enter text.</p>

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Education				
<ul style="list-style-type: none"> • Research • Teaching • Assessment & evaluation • Program development 	<ul style="list-style-type: none"> • Independent School Districts • Colleges & universities • Athletic associations • Research facilities 	<p>Sharpen your skills Computer, mathematics, science, written and oral communication skills</p> <p>Gain experience Volunteer or intern to obtain instructional & teaching experience; seek to assist in faculty research; join the Education Club</p> <p>Network Click or tap here to enter text.</p> <p>Pursue a minor Click or tap here to enter text.</p> <p>Pursue a graduate degree Master's degree for community college teaching and Ph.D. for university teaching</p>	<ul style="list-style-type: none"> • City of Round Rock Parks & Recreation • Lonestar Soccer Club • YMCA Austin • YMCA Williamson County 	<p>Job titles</p> <ul style="list-style-type: none"> • Teacher • Fitness Program Coordinator <p>Internship titles Click or tap here to enter text.</p>

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Sports Medicine				
<ul style="list-style-type: none"> • Orthopedics • Osteopathic • Chiropractic • Prosthetics • Biomechanics • Physiology • Kinesiology • Psychology • Nutrition • Cardiopulmonary Rehab • Research 	<ul style="list-style-type: none"> • Hospitals • Clinics • Home healthcare agencies • Nursing homes • Sports medicine facilities • Rehabilitation centers • Fitness centers • Group or private practices • Universities & colleges 	<p>Sharpen your skills Computer, science, mathematics, verbal and written communication skills</p> <p>Gain experience Find internship or research opportunities</p> <p>Network Meet regularly with advisor; secure strong recommendations and high grade point average</p> <p>Pursue a minor Click or tap here to enter text.</p> <p>Pursue a graduate degree M.D. (4 years of med school; 3-8 of internship residency and fellowship)</p>	<ul style="list-style-type: none"> • Medicine in Motion • Methodist McKinney Hospital • Rock Chiropractic 	<p>Job titles Click or tap here to enter text.</p> <p>Internship titles Click or tap here to enter text.</p>

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Business				
<ul style="list-style-type: none"> • Product development • Product distribution • Program development • Biomechanics • Sales: Pharmaceutical, healthcare, sports and fitness 	<ul style="list-style-type: none"> • Sporting goods manufacturers • Exercise equipment manufacturers • Sports facilities • Health clubs and fitness centers • Specialized studios • Pharmaceutical companies • Hospitals • Clinical and corporate healthcare programs 	<p>Sharpen your skills Communication written and verbal; Courses in marketing, advertising & public relations; public speaking & sales</p> <p>Gain experience PT or intern in wholesaling or retail; work in campus and recreation facilities; manufacturers of exercise equipment or nutritional supplements</p> <p>Network Coaches, athletic directors, college & equipment/uniform representatives</p> <p>Pursue a minor Click or tap here to enter text.</p> <p>Pursue a graduate degree Click or tap here to enter text.</p>	Click or tap here to enter text.	<p>Job titles Click or tap here to enter text.</p> <p>Internship titles Click or tap here to enter text.</p>

Selected information on this majors to careers information sheet was adapted from What Can I Do With This Major? produced by the University of Tennessee Center for Career Development.